



University of Michigan  
Health System

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To Whom It May Concern:

The University of Michigan Health System including the Women's Health Program, Department of Obstetrics and Gynecology, has elected to purchase and use the *Our Bodies Ourselves: Pregnancy and Birth* book for all of our approximately 4,000 obstetric patients. Prior to this time, we have generated our own in-house patient education material entitled *You, Your Baby and Us* and this has been supplemented with extra material on genetic testing, HIV testing and other prenatal care innovations as they have come forward. As we were getting ready to revise and update *You, Your Baby and Us*, the new *Pregnancy and Birth* book was about to be published by *Our Bodies, Ourselves*. We felt that the high quality material presented in this book and the reading level were appropriate for our patients and, ultimately, found that it was cheaper for us to provide a copy of *Our Bodies Ourselves: Pregnancy and Birth* which contains more material than we could have included in the revision of our own in-house document. Therefore, effective mid-2008, we will purchase 4,000 books to provide one to each of our prenatal patients. This is constant with the increasing difficulty we have had providing comprehensive education to our patients who have declined to take traditional childbirth education classes which are offered in the community.

In summary, the University of Michigan Health System is very pleased to be able to provide a copy of *Our Bodies Ourselves: Pregnancy and Birth* to each of our prenatal patients. We believe it will provide them a basic understanding of prenatal care, obstetric issues, and will be an appropriate beginning for their ongoing interactions with health care professionals at the Health System where they will receive their prenatal care.

With this letter, I send my best wishes.

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