

Our Bodies, Ourselves: Pregnancy and Birth

OUR BODIES, OURSELVES

PREGNANCY AND BIRTH



The Boston Women's Health Book Collective



The organization that brought you the 'bible of women's health' presents a new book dedicated to pregnancy and childbirth. It explores a range of topics, from hospital to home births, to inspire women to feel more confident and comfortable about approaching motherhood.

"The trusted Boston Women's Health Book Collective has written a comprehensive, accessible, and up-to-date book for expectant mothers. It balances important facts, scientific data, and evidence with the voice of the "wise woman"; and it provides questions to ask, issues to think about, and options to consider and discuss. This is the #1 book I am going to recommend to my patients."

**-- Timothy R B Johnson MD FACOG, Bates Professor and Chair of
Obstetrics and Gynecology and Professor of Women's Studies,
University of Michigan**

Available where books are sold March 2008
www.ourbodiesourselves.org