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**Preface** Wilma Diskin and Wendy Coppedge Sanford

**Our Changing Sense of Self** Joan Sheingold Ditzion

**The Anatomy and Physiology of Reproduction** Esther R. Rome and Nancy Press Hawley based on work by Abby Schwartz with the help of Gina Prenowitz

**Sexuality** Nancy Press Hawley based on work by Jane de Long, Ginger Goldner and Nancy London with help from Wendy Sanford and Judy Norsigian

**Living with Ourselves and Others: Our Relationships** Nancy Press Hawley with help from Wendy Sanford and Judy Norsigian

**In Amerika They Call Us Dykes** A Boston gay collective

**Nutrition and the Food We Eat** Judy Norsigian

**Women in Motion** Janet Jones and Carol McEldowney

**Rape** Gene Bishop and Roxane Hynek

**Self-Defense** Janet Jones and Carol McEldowney

**Venereal Disease** Esther R. Rome and Fran Ansley

**Birth Control** Wendy Sanford based on work by Abby Schwartz and Pamela Berger, with the help of Thayer Williams, Betsey Sable, and Joanna Caplan

**Abortion** Pamela Berger and Wendy Sanford based on work by Carol Driscoll, Nancy Press Hawley, and Betsey Sable

**Deciding Whether to Have Children** Jane Kates Pincus and Wendy Sanford with help from Mary Rollston Stern, Cathy Booth, and Judy Norsigian

**Childbearing: Pregnancy** Jane Kates Pincus with help from Ruth Davidson Bell, Norma Swenson, and Paula Brown Doress

**Childbearing: Prepared Childbirth** Ruth Davidson Bell with help from Norma Swenson, Nancy Press Hawley, Paula Brown Doress, and Jane Kates Pincus

**Childbearing: Postpartum—After the Baby Is Born** Paula Brown Doress with the help of Esther R. Rome, Wendy Sanford, and Norma Swenson

**Menopause** Meg Hickey and Irene Davidson with help from Marliese Wior, Carol Koury, Jane Kates Pincus, and Wendy Sanford

### **Women and Health Care**

*The American Health Care System* Mary Rollston Stern based on work by Barbara Perkins, Lucy Candib, and Nancy Todd

*Choosing and Using Medical Care* Norma Swenson with help from Mary Rollston Stern, Jane Kates Pincus, and the Seattle Health Collective

*Common Medical Problems and Practices* Terry Thorsos, Judy Norsigian, and Meg Hickey